

Dr Koutra Kleio short cv



Dr Koutra Kleio is Assistant Professor at the Department of Social Work, Faculty of Health Sciences at the Hellenic Mediterranean University. She obtained a first degree in Social Work, holds an MPH and a PhD from the Faculty of Medicine, at the University of Crete. Her PhD dissertation investigates the effect of social capital on health behaviors in high school students in Crete. Her main research interest is promoting health and social services from the user services person-centered, social capital and community development approach. She is a member of the research laboratory of *Social Research and Social Work* and also of the educational laboratory of *Local Community Development*. She has been teaching to the undergraduate and postgraduate program of Social Work and she is a guest speaker to the Master of Public Health, Medical Department, the University of Crete and the University of Western Attica. She has worked for various European funded research projects under Erasmus KA2, Erasmus Sport, LLL Grundvigh, Small collaborative projects as: “Gender-Based Violence Trauma Recovery” “DIGITISED EDUCATION OF PARENTS FOR CHILDREN PROTECTION”(DEPCIP PROJECT); “ISSA - Improving Solutions for Student Absenteeism”; “Social Work in Crisis Situations in Primary Social Welfare”; “Innovations in Mature Adult Learning”; “SDOP Anti-doping strategies of young athletes; “EDUEVAL” ‘Evaluation for the Professional Development of Adult education Staff, ‘Active ageing & Pre-retirement counselling’; “The transition from youth to adulthood, a study for the young people of Crete”; “Social Capital and other social and environmental factors as predictors of health behaviour change in young adults: a 36-month cohort study”; “Epidemiologic profiling, health needs assessment and health

education intervention in the rural population of Crete, Greece”, ‘Motivate Children from below EU average GDP countries to love swimming. Finally, she participates in the Intercultural Training Program of the Public Employees Uniform decentralized administrative units dealing with third-country nationals legally residing in Greece and Cyprus. She has the permission to translate and culturally adapt the Social Capital Assessment Tool (SO.C.A.T.) of the Social Department of World Bank.